

THE MRC CONNECTION

JANUARY 2011

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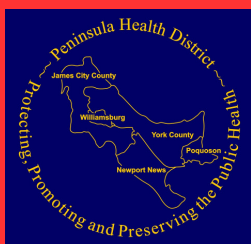
Welcome approved volunteers in December 2010:

Amanda Abrams
Emi Akiode
Wanda Banks
Madeline Fisher
Diane Huston, RN
Lauren Jackson
Aaron Lewis
Joshua Lopez
Tiffany Nelson
Jasmine Sanders, CNA

Don't forget to sign up for your Orientation—
See training calendar

of volunteers to date:
609

Thank you for helping
protect the health of
Virginia!



Peninsula Medical Reserve Corps, 416 J. Clyde Morris Blvd., Newport News, VA



Volunteer Highlights

On December 21, six MRC Registered Nurse Volunteers participated in the Clean Comfort Homeless Shelter Christmas Event. They provided life-saving BP Screenings, and clerical support for Seasonal Flu vaccines. A hot meal, coats, gloves, hats, and hygiene products were provided to those in need.



Molly Edgette (Santa hat), and Sue Edgette providing BP screenings and critical health referrals.



Jettie Watts (left), Karen Hunter (center), and Ashley Swingle assess the health of clients and provide BP screenings.



Pat Wharry provides health screening and seasonal flu vaccination assistance.



Left to right: Molly Edgette, Jettie Watts, Sue Edgette, Karen Hunter, Ashley Swingle, and Pat Wharry

See complete photo album on

[facebook](#)

Volunteers Protecting the Health of Virginia

**Very special thanks to each of the following PenMRC volunteers
who helped fulfill the mission of MRC in December 2010**

PUBLIC HEALTH—21 hours:

BP Screenings—No Reports

Clean Comfort Homeless Shelter Christmas Event—21 hours (M)

Molly Edgette-RN, Sue Edgette-RN, Karen Hunter-RN, Ashley Swingle-RN, Georgette (Jettie) Watts-RN, Pat Wharry-RN

PROGRAM SUPPORT—16.5 hours:

Administrative Support/MRC Office—3.5 hours (NM)

Frances Doyle

Animal Welfare—Planning— 2 hours (NM)

Barbara Smith

Pet Sheltering Training—11 Hours (M)

Sam Tate-DVM, Instructor

TRAINING—0 hours:

Training will resume in January 2011; Watch your email for training alerts (via email) for local as well as regional offerings.

TOTAL HOURS: 37.5

Medical: 32; Non-Medical 5.5

Have you taken ICS-100 (100.a, or 100.b also acceptable)? If so, please fax or email your training certificate to PenMRC.

See back of newsletter for contact information.

See more information regarding training in 2011 on Page 5.

Volunteers Protecting the Health of Virginia

January 2011—Public Health Events

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6 BP Screenings Seton Manor 10am—12:30 pm	7	8
9	10	11	12	13 BP Screenings Denbigh Senior Ctr 11am—1pm	14	15
16	17	18	19 BP Screenings Clean Comfort 9am—10am	20 BP Screenings Christian Village 1pm—2:30pm	21	22
23	24 BP Screenings Langley Village 2pm—3:30pm	25 BP Screenings Wellesley Cms 2pm—3pm	26 BP Screenings Warwick SRO 2:30pm—3:30pm	27 BP Screenings Stuart Gardens 2pm—3:30pm	28	29
30	31	Mennowood 2pm—3:30pm				

Public Health Schedule of Events—BP Screenings:

~January 6—Need Volunteer—LPN or RN

~January 13—Mary Loesch

~January 19—Need Volunteer—LPN or RN

~January 20—Mary Loesch

~January 24—Pat Wharry

~January 25—Mary Loesch

~January 25—Carolyn Conley

~January 26—Brenda Sarno

~January 27—Jennifer Martinez

Public Health Schedule of Events—Messages:

Thank you for providing this important public health activity!

Please remember to submit your hours and # of BP's to Teresa.Blakeslee@vdh.virginia.gov for State and National reporting.

This calendar is provided for reminders or awareness of upcoming events. Please do not self-deploy to non-BP screening events; you will be notified of non-BP screening events via VVHS activation alerts; Please use this system to express your interest in serving. You will be contacted only if selected to deploy.

Volunteers Protecting the Health of Virginia

January 2011—Training Events

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4 CPR (Medical) (TRAIN ID 1020026)	5	6	7	8
9	10	11	12	13	14	15 Sign Language—Williamsburg
16	17	18 CPR (Medical) (TRAIN ID 1020026)	19	20 PenMRC Orientation (TRAIN ID 1020123)	21	22
23 30	24 CPR (Non-Med) (TRAIN ID 1020034) 31	25	26	27 Shelter Ops Shelter Sim American Red Cross	28	29

Training Schedule of Events—please provide MRC certificate upon completion

~1/4—8 am—1 pm CPR for Health Care Providers—Mary Immaculate Health Ed Room

~1/15—Sign Language Class: visit www.williamsburgva.gov/rec for more information or Email diann@signingtimeacademy.com or call 757-969-9876 to register. Registrations cannot be taken via MRC

~1/18—8 am—1 pm CPR for Health Care Providers—Mary Immaculate Health Ed Room

~1/20—6pm—9 pm PenMRC Orientation—416 J. Clyde Morris Blvd., Nnews—Auditorium.

~1/24—8 am—1 pm CPR for Non-Medical—Mary Immaculate Health Ed Room

~1/27—9 am—12 -Shelter Ops; 1 pm—4:15 Shelter Sim—York/Poq American Red Cross—6912 Geo Wash Mem Hwy, Yorktown. To register email diastersvc@ypcredcross.org. Mention MRC.

Special Note: Due to the volume of activities inside of the PenMRC office, training reminders are not sent. If you have clicked available in the training opportunity email alert, or signed up for the course via TRAINVirginia, please mark your calendar. Your name is automatically added to the roster and the instructor is expecting you. Please withdraw in train, or email the PenMRC to cancel. Thanks for your understanding.




**'Training is the Gateway to
Serving' and builds
confident and competent
volunteers.**

Volunteers Protecting the Health of Virginia

Emergency Preparedness and
Response - Schedule of Events

} No EP & R Exercises have been
scheduled to date.

January 2011—EP & R Exercises

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

2011 Brings More Emphasis on Training for MRC Volunteers

By Teresa Blakeslee—Peninsula MRC Coordinator

Hampton Roads Metropolitan Medical Response System has been providing some of the funding for the Eastern Region MRC Units for several years. Recently a change in the structure of the disbursement of funds has caused MRC unit leaders to look at enhancing their training programs for their units to ensure a more confident and competent cadre of volunteers.

Medical Reserve Corps Members come from a variety of backgrounds and enter the program with varying training, credentials, capabilities and professional experience. However, additional specific MRC training is necessary and empowers volunteers to fill important roles that help the Health Department and it's MRC organization achieve it's objectives. This training includes a variety of topics based on the needs of the local communities the local health department serves. In order for an MRC to fulfill its mission in the community, members of the MRC need to be competent to carry out their responsibilities and training should be geared towards a common set of knowledge, skills and abilities called Core Competencies.

Core Competencies represent the baseline level of knowledge and skills that all MRC volunteers should have, regardless of their roles within the MRC unit. Competencies define a core or standard set of activities that each MRC member would be able to perform and provide a framework for the programs training component and assist in describing what communities can expect from their MRC's. This uniformity allows for better interoperability between MRC's making collaboration amongst MRC units and their external partners more efficient.

In 2011, the Eastern Region MRC Unit Leaders will be working together to re-define baseline, core-competencies training, develop training programs, and provide training offerings on the local and regional level through Power Training Days.

Additionally, your Peninsula MRC will continue to develop niche training around very specific community needs. Most immediately will be the Riverside Emergency Response Team training. This training, once completed will afford trained and ready volunteers the opportunity to work alongside of the Riverside Emergency Department personnel during a major event that overwhelms their current resources. Training will allow volunteers to assist in providing patient advocacy (no one shall be forgotten), Psychological First Aid, and minor wound care.

Contact Information

Peninsula Medical Reserve Corps
Peninsula Health Center
416 J Clyde Morris Blvd.
Newport News, VA 23601
Main: 757-594-8045
Fax: 757-594-8612

Please bookmark these websites:

PenMRC Website: <http://www.vdh.virginia.gov/MRC/peninsulamrc>

VVHS (Virginia Volunteer Health System): <https://vms.vdh.virginia.gov/vms/default.jsp?main=reg>

TRAINVirginia: <http://va.train.org>

**Receiving this newsletter by USPS? You are
missing out on critical email alerts!**

Please update your email address by logging in
to **VVHS** or by calling 594-8045 or emailing
Teresa.Blakeslee@vdh.virginia.gov

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JANUARY 2011



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Volunteers Protecting the Health of Virginia